

New Horizon News

Volume 11, Issue 9

September 2016

Horry County Disabilities and Special Needs

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Reflections of Autumn

There is something marvelously nostalgic about the changing of the season from Summer to Fall. The temperature drop (no matter how small) seems to trigger memories from childhood.

All summer long, my two brothers, sister and I would come in from playing at the creek or riding our bikes just long enough for meals. We were outside from dawn to dusk. We always had to be in our own yard by dark. That was the rule.

We had the most effective Mom Yelling System in the state. One mom would yell out the backdoor for their child. Then the next mom would yell out the backdoor for that kid. And, so on in the neighborhood. Heaven help you if you didn't respond.

And my Mom, a trained singer, could be heard for a country mile! Whew, that woman could holler!

About this time of year, Mom would pull out the Sears and Roebucks catalog and measure our feet on the chart in the shoe section. She'd line us up and we'd step on the paper chart and start getting excited

about a new pair of shoes for the upcoming school year.

Mom didn't drive and there were no clothing stores in the small town where we lived. So everything we wore either came from Sears or my Mom's or Grandma's sewing machine.

I walked to school every day except when I was in 1st grade. That was the year I went to "B" School and had to ride a bus. I was never sure why it was called "B" School. It was an ancient building with an amazing assortment of playground equipment. That's all I cared about.

Through 10th grade, I went to the same school. It housed kindergarten through 12th grade in the same building. (Again, I'm not sure why 1st grade was located elsewhere.) The elementary school was on one end and the junior high and high school were on the other.

When I got to junior high, I thought that end of the school was a magic labyrinth of hallways and rooms. The newer part of the school had actually been built around the original old school. It was so odd transitioning from the linoleum

and cement block building to the old wood floors, creaking steps and brick of the older building.

The summer before I started junior high, the principal actually came to my house to meet me and my parents. I wish I could recall his name at the moment. But I can still picture him sitting on our couch and talking to us about the upcoming school year. That left such an impression.

Fall brought a flurry of activities that were missing during the summer. Being part of the band and choir was a huge part of my school time. The band played at all the football games. My school had a championship football team. The band, not so much. But we tried. We were so excited when we got to play something other than "Tea for Two". (Yes, I'm that old!) McCarther Park was probably my favorite.

As I take this stroll down memory lane, I am also looking forward. Fall means time spent with family and friends. It brings the anticipation of celebrations and gatherings.

I am looking forward to creating more Autumn reflections.

BISG Minutes

August 18th, 2016

New Horizons Center Potluck

In attendance: Kate and Pat Thompson, Tom Culbert, Sommer Quinn, Lori Nye, Tracy and Wanda Stevens, Joe Santiago, Joe Sutherland, Gerri Sweeny, Yvonne Salinger, Ray Singleton, Ellen Leftwich, and Jennifer Frettoloso.

To start the meeting, those that attended the recent Brain Injury Conference, passed on some of the information learned. Ellen then shared with everyone that we have reservations for 30 people at Pirate's Voyage Christmas Show on November 17th. The show starts at 6pm. The Brain Injury Stipend that we receive will go toward paying for \$20 of each ticket, leaving the cost at \$16.36 per person. We are able to provide 2 tickets at that rate for each family. This will take the place of the support group meeting for November. Please bring the money to reserve your spot to the September meeting. If you have any questions about the show, please call Ellen or Jennifer.

Ellen informed everyone about the Drag Boat Races on September 10th and 11th in Bucksport. Admission is free, but you have to get tickets from her in advance.

After a brief discussion of ideas for speakers for the meeting, everyone received a sheet of paper with an autumn leaf on it. We were asked to write down our favorite memories of fall or things we love about fall and cut it out. Some of these have been shared throughout this newsletter. It was then decided that September's meeting would be held at New Horizons.

My Fall Favorite:

I love to go Spot fishing in the months of October and November.
Tracy S.

Run For Thought

Saturday, November 12, 2016
5K Trail Run and 1 Mile Walk/
Roll

Lake Conestee Park
840 Mauldin Road
Greenville, SC US 29607

BIASC is dedicated to creating a better future through brain injury prevention, research, education and advocacy. We are the only nonprofit organization in the state dedicated to preventing and helping those with brain injury. The Run For Thought 5K and 1 Mile Walk / Roll began as a support for brain injury patients and a tool for awareness. It was initially about the patients and giving them the opportunity to participate in something with meaning. This event has increased from 45 participants to 400+ participants with participants who are both brain injury survivors and teams that run/walk/roll in honor or memory of someone. The Run For Thought has become a community event that includes brain injury survivors, caregivers, providers, as well as competitive runners.

For more information visit:

<https://runsignup.com/Race/SC/Greenville/RunForThought>



Favorite Fall Memory:

Raking leaves
Joe S.

My Fall Favorites:

The smell of leaves burning
Dressing up for Halloween
Pumpkin Festivals
Pat T



Brain Injury Support Group

September 15, 2016
12 noon until ?

New Horizons
150 Waccamaw Medical
Park Court
Conway, SC

This meeting is potluck, so please bring a dish to share!

Favorite Fall Memories:

Taking my nieces apple picking and to the drive-in movies in Warwick, NY
Gerri S.

My Fall Favorites:

Wearing fall colors
Pumpkin Pie
Apple Picking
Making Scarecrows with my kids
Sommer Q.

Spinal Cord Injury Information Corner

Breeze Group

Don't forget to join the Breeze SC Support Group the first Wednesday of every month from 6-8PM at Health Finders in Coastal Grande Mall (across from Bed Bath and Beyond)

Please make sure to share this with your friends!



My Fall Favorite:
Going to Halloween Parties!
Tom C.

My Favorite Things About Fall:

I love the crispness in the air, and the changing color of the leaves, and to hear the hawks sing. And of course, hunting deer.
Wanda S.

Favorite Fall Memory:

First weekend after school started, going with family to see the fall colours. Full day with lots of hiking!
Yvonne S.

Splash Bash 2016

September 10

10am - 5pm

Dreher Island State Park
3677 State Park Road
Prosperity, SC 29127

FREE REGISTRATION

Contact: Rafe Ellisor
803-401-1365
rafe.ellisor@healthsouth.com
You must be preregistered to attend

**Water Sports, Fishing,
Access to adaptive
equipment for hunting and
other wheelchair sports.**

A variety of organizations & vendors will be present to provide their expertise & services. Adapted sports & leisure activities for adults and young adults (14 years & older) with disabilities.

Volunteer registration:

<https://fun4allsc.wufoo.com/forms/plub74700m8bw41/>

Participant Registration:

<https://fun4a/lsc.wufoo.com/forms/xluxbfz60f2dsp1>

Sponsor/Vendor Registration:

<https://fun4allsc.wufoo.com/forms/k13a9ijy0eo7gki/>

Favorite Fall Memories

Hay Rides
Pumpkin Patches
Kids Trick or Treating
Petting Zoos
Lori N.

4th Annual Walk-A-Mile In My Shoes

The Annual Disability Awareness Event is being held on September 10th (10am-4pm) at Wachesaw Baseball Park in Murrells Inlet. The purpose of this activity is to promote unity friendship and fellowship in a positive and spiritual environment. Proceeds from this event goes towards Greater Gordon Chapel Walk-A-Mile in My Shoes Disability Outreach Ministry Department. They will have games, live music, arts and crafts, vendors, etc. For more information contact:

Roberta Bryan:
843-902-9607

My Favorite Thing About Fall:

The smells!
Ray S.



Fall Memories

By: Kate Thompson

When I think of Fall I remember my Dad raking up the leaves and leaving a BIG ol' pile of them that I would always get into trouble for running and jumping in, because it scattered the leaves all back in the yard! So, Dad had to rake them up AGAIN!

Also, I think of my Mom taking my friends and I to pick out our pumpkins for Halloween. You always wanted to pick out a good one so it lasted a LONG time. Ours were always there until Thanksgiving. Then we'd go over and leave them in a place we called "The Big Field" across the street from our house where they could rot.

Me and the neighborhood kids got our costumes together for Halloween. We always did that with stuff we had around our houses and we shared EVERYTHING! Like, Jennifer would wear one of my necklaces, while Brice would wear a nightgown I had..etc. Mom always helped us put them together. With her, we came up with some pretty good costumes. One year I was a zombie and she put my hair up with wires which took a long time because I had so much of it! Turned out it was standing straight up on my head and powdered white! I wore a long white nightgown with it. Fall was always a FUN time of year with my friends and with my Mom!



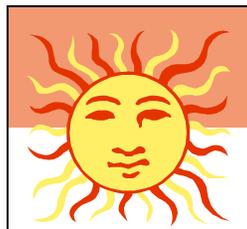
Dates to Remember

- 9/5 Labor Day
- 9/10 4th Annual Walk -A-Mile In My Shoes
- 9/15 Brain Injury Support Group Meeting
- 9/22 Autumnal Equinox (first day of fall)

Favorite Fall Memory:
Watching my children try to catch the leaves as they fell from the trees.
Jennifer F.

Favorite Thoughts of Fall

The birth of my oldest son and preparing for the holidays with my Grandparents.
Joe S.



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Conway, SC 29526

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Jennifer Frettoloso: 843-349-7258
Fax: 843-347-1399

The History of Labor Day

By: Michael Chumas

The first Labor Day was celebrated on Tuesday, September 5th, 1882 in New York City. It is dedicated to the social and economic achievements of American workers. It became a national holiday in 1894 and is now on the first Monday in September. Street parades are often used as a way to celebrate. It is a day of rest and the end of summer. It is also a last chance to make plans for vacations and special events.

My Favorite Things About Fall:

Taking long walks in the cool air.
Wearing a sweater, and crunching leaves.
Ellen L.

Horry County Disabilities and Special Needs

Disability is not the end,
it's an opportunity for a
new beginning.